**1a. Student:** female, sophomore, lunch 4a

“I started feeling gross around 7th period, like a nasty headache and just kinda blah. Then there was some diarrhea, like GROSS. Plus I didn’t want to move because my legs were cramping up. Mom says she’s made an appointment with the doc who always tells me it’s a virus.

I wasn’t very hungry that day because I was super nervous about drama tryouts. I got a slice of pizza and an apple from the cafeteria.”

**2a. Student:** male, junior, lunch 5a

“I have a nasty headache. It started right around 6th period. I don’t want to talk about it any more than that. I think I’m going to hurl. It’s what migraines usually do to me.

I ate like I normally do on taco day. I love taco day. Might have been a mistake.”

**3a. Student:** female, freshman, lunch 4a

“I’ve got a 101° fever and really don’t care what happens to math class right now. Has my Stepdad come yet?

I packed my lunch today. Had a PB&J, some fruit snacks, and a Mt. Dew.”

**4a. Student:** male, senior, lunch 5b

“Something with lunch or 8th period didn’t agree with me. I started feeling sick and I had a little bit of a fever that night. The next day, there was some diarrhea. Second period, though, I was done. Just wanted to fall asleep or die. Felt like my legs and arms were cramping, but I did help Danny move a couple of boxes yesterday so I guess that could have been it.

I’m trying to eat healthy, since I need to stay the right weight for wrestling. I had a sandwich from the sandwich bar and an apple juice. Oh, and an orange because it was still wet from where they washed it off.”

**5a. Student:** female, junior, lunch 4b

“It might just be allergies, but I don’t know what is setting it off this time. I keep sneezing and I think I got a temperature. It started getting really bad in art class yesterday in 5th period. I started coughing, too, which makes my sides hurt after a while.

I hit the sandwich bar yesterday and today. Got an ice scream sandwich today, too.”

**6a. Student:** male, sophomore, lunch 4a

“I have a really bad case of I-really-don’t-want-to-take-this-test-itis. If you had Babbit for English, you’d rather serve a detention for lying to the nurse, too.

For lunch, I had an apple juice, a slice of pizza, and a candy bar.”

**7a. Student:** male, junior, lunch 5a

“It’s real embarrassing. I passed out in chemistry. I swear one of those bottles was leaking. I might have hit my head on the way down, though. Got a nasty headache now that I’m awake.

I kind of forgot to eat breakfast and I had to make up a test during lunch, but I had a vitamin water.”

**8a. Student:** female, senior, lunch 5a

“Something just didn’t feel right. My head was all woozy. Jan said that I felt hot, too. I had to keep going to the bathroom and eventually Ms. Michaels asked me if I had to go to the nurse. Seemed like a good idea since my muscles are cramping up, now, too.

It was totally taco day so I had tacos and half an apple.”

**1b. Student:** male, junior, lunch 5a

“I think my little brother gave me his pinkeye. My eyes itch. The sawdust in shop class didn’t help…or did it start this? I don’t know. I just need some saline.

I had tacos. Gotta love taco day.”

**2b. Student:** female, sophomore, lunch 4a

“I’ve just been feeling sick to my stomach today. Might be regular cramps, but I know there were a couple of kids in Health class who weren’t feeling very good. It started around 6th period, I guess.

Ms. Meyers had a pizza party today for all the kids who got an A on their presentations.”

**3b. Student:** male, freshman, lunch 4b

“I think I’m in the ‘if I die, I’ll feel so much better’ category. My body’s all stiff and sore and I had a minor fever 6th period, I think. I’m just glad the day’s nearly over and I won’t have to ask to visit the bathroom anymore. I thought I was going to hurl last time.

I had a sandwich, a bag of chips, and an apple.”

**4b. Student:** female, senior, lunch 5a

“No. It’s not just senioritis, okay? Do I need to throw up again to prove it? Okay, so I’ve been down to the nurse’s office a few times, but today all of my muscles are cramping and I’ve been to the bathroom more times than I can count.

I had a salad and an orange. I can’t stand taco day. Cafeteria pizza loses its charm after a few years of it and I wasn’t going to stand next to Debbie at the sandwich bar for anything.”

**5b. Student:** female, junior, lunch 4b

“I’ve been having some stomach pains for the a while today. I’ve been dieting for the past month. It’s working, but sometimes I still don’t feel so good and have to eat a granola bar or two. Today the stomach pains were pretty bad, though.

I had a salad, fat-free dressing. Swimsuit season is going to be here before we know it.”

**6b. Student:** male, senior, lunch 5b

“I got hit in the face with a basketball in PE. Nose bled enough that I was feeling pretty lightheaded. I think I’m going to lie back down now.

I went to the sandwich bar today. I also finished off my girlfriend’s slice of pizza and a pack of fruit snacks.

**7b. Student:** female, sophomore, lunch 4a

“Diarrhea hard core. I think I’ve got a bit of a fever. I don’t want to move more than I have to because my legs and arms hurt.

Taco day. Had an apple, too, that was still wet from where the lunch-ladies washed it. And some trail mix that I had in my bag.

**8b. Student:** female, freshman, lunch 5b

“I have diabetes. I think I might have pushed it a little too far today. Blood sugar got a little too low.

I had to make up a test during lunch today, so all I had time for was a bag of chips from the main line. Grabbed a soda from the vending machine, too. Probably shouldn’t have gotten a diet soda, now that I think about it. “